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| Hemoglobin A1c (HbA1c) and Blood Glucose (BG) Equivalents

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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| **HbA1c**  |  | **BG**  |
| **5.0**  | =  | 90  |
| **5.1**  | =  | 93  |
| **5.2**  | =  | 96  |
| **5.3**  | =  | 99  |
| **5.4**  | =  | 102  |
| **5.5**  | =  | 105  |
| **5.6**  | =  | 108  |
| **5.7**  | =  | 111  |
| **5.8**  | =  | 114  |
| **5.9**  | =  | 117  |
| **6.0**  | =  | 120  |
| **6.1**  | =  | 123  |
| **6.2**  | =  | 126  |
| **6.3**  | =  | 129  |
| **6.4**  | =  | 132  |
| **6.5**  | =  | 135  |
| **6.6**  | =  | 138  |
| **6.7**  | =  | 141  |
| **6.8**  | =  | 144  |
| **6.9**  | =  | 147  |
| **7.0**  | =  | 150  |
| **7.1**  | =  | 153  |
| **7.2**  | =  | 156  |
| **7.3**  | =  | 159  |
| **7.4**  | =  | 162  |
| **7.5**  | =  | 165  |
| **7.6**  | =  | 168  |
| **7.7**  | =  | 171  |

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| **HbA1c**  |  | **BG**  |
| **7.8**  | =  | 174  |
| **7.9**  | =  | 177  |
| **8.0**  | =  | 180  |
| **8.1**  | =  | 183  |
| **8.2**  | =  | 186  |
| **8.3**  | =  | 189  |
| **8.4**  | =  | 192  |
| **8.5**  | =  | 195  |
| **8.6**  | =  | 198  |
| **8.7**  | =  | 201  |
| **8.8**  | =  | 204  |
| **8.9**  | =  | 207  |
| **9.0**  | =  | 210  |
| **9.1**  | =  | 213  |
| **9.2**  | =  | 216  |
| **9.3**  | =  | 219  |
| **9.4**  | =  | 222  |
| **9.5**  | =  | 225  |
| **9.6**  | =  | 228  |
| **9.7**  | =  | 231  |
| **9.8**  | =  | 234  |
| **9.9**  | =  | 237  |
| **10.0**  | =  | 240  |
| **10.1**  | =  | 243  |
| **10.2**  | =  | 246  |
| **10.3**  | =  | 249  |
| **10.4**  | =  | 252  |
| **10.5**  | =  | 255  |

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| **HbA1c**  |  | **BG**  |
| **10.6**  | =  | 258  |
| **10.7**  | =  | 261  |
| **10.8**  | =  | 264  |
| **10.9**  | =  | 267  |
| **11.0**  | =  | 270  |
| **11.1**  | =  | 273  |
| **11.2**  | =  | 276  |
| **11.3**  | =  | 279  |
| **11.4**  | =  | 282  |
| **11.5**  | =  | 285  |
| **11.6**  | =  | 288  |
| **11.7**  | =  | 291  |
| **11.8**  | =  | 294  |
| **11.9**  | =  | 297  |
| **12.0**  | =  | 300  |
| **12.1**  | =  | 303  |
| **12.2**  | =  | 306  |
| **12.3**  | =  | 309  |
| **12.4**  | =  | 312  |
| **12.5**  | =  | 315  |
| **12.6**  | =  | 318  |
| **12.7**  | =  | 321  |
| **12.8**  | =  | 324  |
| **12.9**  | =  | 327  |
| **13.0**  | =  | 330  |
| **13.1**  | =  | 333  |
| **13.2**  | =  | 336  |
| **13.3**  | =  | 339  |

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| **HbA1c**  |  | **BG**  |
| **13.4**  | =  | 342  |
| **13.5**  | =  | 345  |
| **13.6**  | =  | 348  |
| **13.7**  | =  | 351  |
| **13.8**  | =  | 354  |
| **13.9**  | =  | 357  |
| **14.0**  | =  | 360  |
| **14.1**  | =  | 363  |
| **14.2**  | =  | 366  |
| **14.3**  | =  | 369  |
| **14.4**  | =  | 372  |
| **14.5**  | =  | 375  |
| **14.6**  | =  | 378  |
| **14.7**  | =  | 381  |
| **14.8**  | =  | 384  |
| **14.9**  | =  | 387  |
| **15.0**  | =  | 390  |
| **15.1**  | =  | 393  |
| **15.2**  | =  | 396  |
| **15.3**  | =  | 399  |
| **15.4**  | =  | 402  |
| **15.5**  | =  | 405  |
| **15.6**  | =  | 408  |
| **15.7**  | =  | 411  |

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